



INDIGENOUS PROJECT MANAGEMENT SOLUTIONS INC.

Project Leadership & PMP® Exam Preparation

Program Guide

Live, instructor-led virtual learning for Indigenous staff and professionals across Canada.

Program Overview

Many Indigenous staff and professionals already lead projects carrying significant operational, funding and community responsibility. This program builds on that experience, strengthening the judgement and discipline required to lead complex work while preparing participants for the PMP® examination.

Over 16 weeks, participants work through modern project management principles, leadership, stakeholder engagement and different approaches to project delivery. Live instruction, guided discussion, practical exercises and realistic exam scenarios keep the learning connected to the projects and responsibilities participants already carry.

IPMS also supports participants as they prepare for the examination and navigate the PMP® application process. The Project Management Institute (PMI) determines candidate eligibility, administers the examination and awards the PMP® credential.

Program at a Glance

Program Element	Details
Format	Live, instructor-led virtual learning
Duration	16 weeks
Live sessions	Weekly sessions of approximately two hours
Training hours	35 hours of project management training
Program focus	Project leadership development and focused preparation for the PMP® examination
Learning approach	Guided instruction, discussion, practical exercises and realistic exam scenarios
Weekly commitment	Participants should plan for approximately 10 hours per week of independent study, assigned readings, practice questions and session preparation
Session recordings	Recordings are made available after each live session for review
Participant support	Ongoing coaching, feedback and guidance throughout the program
Application guidance	Support with understanding and navigating the PMP® application process
Completion certificate	Certificate of Completion documenting 35 hours of project management training
Current program details	Cohort dates, investment and registration information are available on the IPMS website

Important: IPMS provides examination preparation and training. The Project Management Institute determines applicant eligibility, administers the examination and awards the PMP® credential.

Who This Program Is For

For Participants

The program is well suited to project coordinators, project leads, managers, directors and other professionals whose roles require them to plan work, coordinate people and partners, manage competing demands, or carry projects through delivery. A formal project-manager title is not required for the learning to be relevant.

For Sponsoring Nations and Organisations

The program also supports Nations and organisations investing in staff who already carry important project responsibilities. It provides a structured development path that strengthens how participants approach active projects while supporting their pursuit of the PMP® credential.

What Participants Will Develop

This program strengthens the capability participants bring to active projects while building the knowledge and reasoning required for the PMP® examination.

Stronger Project Leadership

Participants deepen their understanding of how projects create value and how decisions are shaped by governance, stakeholders, delivery approach, risk and change. They examine predictive, agile, hybrid and adaptive environments, strengthening their ability to select an approach suited to the project rather than relying on one fixed method.

Disciplined Examination Readiness

Participants become more familiar with how the PMP® examination assesses judgement across unfamiliar project situations. Guided review, practice questions, realistic scenarios and exam strategies help them interpret what is being asked, weigh competing responses and prepare through a structured study process.

How the Program Works

The program follows a steady weekly rhythm. Each live session introduces and examines the material for that stage of the course. The work completed between sessions gives participants time to practise, identify gaps in understanding and return with focused questions.

Weekly Live Learning

Participants meet online each week for an instructor-led session of approximately two hours. The sessions are interactive, allowing difficult concepts to be unpacked, questions to be addressed as they arise and project management principles to be considered across different situations.

Preparation Between Sessions

The live sessions are supported by assigned readings, practice questions, preparation activities and related coursework. Participants should plan for approximately 10 hours of study each week. A recording is made available after every session for review.

Coaching and Application Guidance

Coaching and feedback continue throughout the program. Participants also receive guidance with the PMP® application process, including documenting project experience and understanding PMI eligibility requirements. Further exam-preparation support is provided as they move towards the examination.

What Participation Requires

The program is designed for active participation. Participants are expected to arrive prepared for each live session, contribute to the learning and complete the assigned work between sessions.

Participant Expectations

Participants are expected to:

- Complete assigned readings and practice activities before each session;
- Participate actively in the weekly live webinars;
- Contribute to discussions and shared learning;
- Complete weekly assignments and knowledge assessments;
- Use the study and examination techniques introduced throughout the program.

Technology Requirements

Participants will require:

- A reliable high-speed internet connection;
- A computer or laptop;
- Speakers or a headset;
- A microphone for live participation.

A webcam is optional but recommended.

16-Week Curriculum

The curriculum begins with the foundations of modern project management and moves through the full project life cycle. Later sessions examine leadership, delivery approaches, measurement, uncertainty and emerging practices before the program concludes with focused examination review.

Program Orientation

The program opens with an introduction to the PMP® certification process, the course structure and the examination resources participants will use throughout their preparation.

Weeks 1-4

Week	Module	Core Focus
	Orientation – Program Kick-Off	PMP® certification process, program overview and examination resources
1	Foundations of Modern Project Management	Value delivery, organisational strategy, project success, tailoring and project life cycles
2	The Six Core Principles	Stewardship, collaboration, stakeholder engagement, systems thinking, leadership, adaptability and a quality mindset
3	Focus Area 1 – Initiating	Business case, benefits management, governance, project charter, stakeholder identification and AI-assisted initiation
4	Focus Area 2 – Planning	Scope, schedule, cost, quality, resources, communications and procurement planning

Weeks 5–8

Week	Module	Core Focus
5	Planning Continued	Risk and opportunity planning, sustainability, value planning, metrics and key performance indicators
6	Focus Area 3 – Executing	Team leadership, communications, procurement execution, value delivery and stakeholder engagement
7	Performance Domain – Stakeholders	Engagement strategies, conflict resolution, negotiation, communications and political awareness
8	Performance Domain – Team	Leadership, motivation, emotional intelligence, coaching and team performance

Weeks 9–12

Week	Module	Core Focus
9	Performance Domain – Development Approach & Life Cycle	Predictive, agile, hybrid, incremental, iterative and product-development approaches
10	Performance Domain – Planning	Rolling-wave planning, estimation techniques and roadmaps
11	Performance Domain – Project Work	Quality, procurement, resource optimisation, knowledge management and AI tools for project delivery
12	Focus Area 4 – Monitoring & Controlling	Performance measurement, earned value, forecasting, risk monitoring and integrated change control

Weeks 13–16

Week	Module	Core Focus
13	Performance Domain – Measurement & Uncertainty	Metrics, dashboards, performance reviews, risk analysis and quantitative techniques
14	Focus Area 5 – Closing	Transition, benefits realisation, lessons learned, knowledge transfer and project closure
15	Emerging Practices	Artificial intelligence, project management offices, sustainability, ESG and digital transformation
16	Final PMP® Examination Review	Examination strategy, formula review, memory aids, situational questions, mock-examination review and final questions

Instructor Profile

Greg Philliban, CPM, PMP, CIF *Program Instructor*

Greg Philliban is a project management consultant, instructor and facilitator with more than 25 years of experience helping organisations strengthen how projects are planned and delivered.

Since 2005, he has delivered project management training to professionals across Canada. His experience includes work with Indigenous organisations, government and projects involving infrastructure, environmental management, engineering, economic development and community development.

Greg's teaching is practical and interactive. Case-based discussion, exercises, coaching and focused examination strategies help participants connect project management concepts to decisions they encounter in active work and to the situational reasoning required for the PMP® examination.

His previous instructional appointments include Canadian Management Centre, College of the Rockies Continuing Education, Algonquin College and the Project Management Centre of Excellence.

Important Program Information

Program Completion

Participants who complete the program receive a Certificate of Completion documenting 35 hours of project management training.

PMP® Eligibility and Certification

IPMS provides project leadership development, examination preparation and guidance with the PMP® application process. The Project Management Institute (PMI) determines applicant eligibility, administers the examination and awards the PMP® credential.

Participants remain responsible for confirming that they meet PMI's current eligibility requirements and for providing complete and accurate information in their application.

Examination Fee

The PMP® examination fee is not included in the program investment. Participants are responsible for the examination fee and for completing PMI's application and examination-scheduling requirements.

Review the Current Program

View current cohort dates, session times, investment and registration options on the IPMS website.

[View Current Program and Register](#)

Seeking Organisational Funding?

Use the Employer Funding Request Template to prepare an internal request for program sponsorship and approval.

[Download Employer Funding Request Template – Word](#)

PMI and PMP are marks of Project Management Institute, Inc.